



LIFESAVING SOCIETY
SOCIÉTÉ DE SAUVETAGE

The Lifeguarding Experts
Les experts en surveillance aquatique

CANADIAN POOL LIFESAVING TIME TRIALS Host Information Package

Section 1: General Information

Lifesaving/Sauvetage Canada extends a warm thank you for the interest expressed in hosting a sanctioned Time Trial. Only times obtained at an NSO sanctioned event or Time Trial are eligible for consideration for National Team or Representative Team selection. **Only events sanctioned by the National Sport Commission may be called “Canadian Time Trial”.**

This document outlines the general and specific requirements to host this event.

- The NSO Sanctioning Application must be completed.
- All NSO sanctioned events must be PSO sanctioned to meet facility standards. Please ensure you have received sanctioning from your PSO or Branch and indicate the date it was received.
- Facility specs and date of last PSO or NSO inspection.

In general terms, the host will be required to provide satisfactory facilities and personnel including Officials for the execution of the Canadian Pool Lifesaving Time Trials.

Lifesaving Canadian Pool Lifesaving Time Trials may consist of the any ILS events listed in the current Competition Manual. If you wish the times to qualify for a specific upcoming Championships and selection, ensure you check on the lifesaving sport website for a specific list of events.

Instructions to Hosts:

- 1) The host will be required to provide the services of a liaison person for the purposes of coordinating the host responsibilities for the Canadian Pool Lifesaving Time Trials.
- 2) Questions on any matter related to the offer to host can be directed to Rebecca Boyd at 519-532-8895 or at rebeccaboyd@rogers.com
- 3) The NSO will review the offers to host and hosts will be contacted within 10 days of the submission regarding the application.

Section 2: Events Description

The **Meetings** take place at the start of the Canadian Pool Lifesaving Time Trials. There are separate meetings and briefings for coaches and officials.

The **Events** are conducted over one day/evening.

Section 3: Canadian Pool Lifesaving Time Trials Requirements

- The location must be accessible to competitors coming from around the province/territory to facilitate attendance.
- The host provides the venue for the Canadian Pool Lifesaving Canadian Pool Lifesaving Time Trials. This consists of the physical requirements for the Meetings and Events.
- The facility should be able to accommodate approximately 50 competitors for the events, as well as space for the meetings. A viewing area for spectators is desirable.

Section 4: Schedule

- The Canadian Pool Lifesaving Time Trials schedule can be adjusted to suit the facility programming and availability.

Section 5: Physical Requirements

The host will be required to provide suitable amenities for the event. Specific requirements are as follows:

1) General

- Parking facilities (preferably free)
- Change rooms
- Suitable numbers of host volunteers to assist with varying functions such as registration, set-up, runners, tabulators, etc.

2) Meetings

- Preferred: Theatre style room set-up with chairs for approximately 40 people
- AV as required
- Side table for handouts and supplies
- An area must be able to be secured for officials and volunteers personal belongings
- Preferred to have separate meeting rooms for officials and coaches

Food and Beverage

- Room or area where officials and volunteers can eat and drink
- Lunch, snacks served to those in attendance
- Tables and chairs available

3) **Events**

- 50 m course set-up
- Two lanes or more
- Timing – electronic timing is not required, however a minimum of three timers per lane must be used if electronic timing is not used.
- Depth requirements meet 2009 ILS requirements.
Note: The depth under the obstacles must allow for athlete clearance under the obstacle.
- Equipment brands must be ILS sanctioned and included in the application.
- Dive starts meet FINA standards (point # FR 2.3)
http://www.fina.org/project/index.php?option=com_content&task=view&id=51&Itemid=119#fr2
- Seating for coaches, competitors, and spectators desirable
- Appropriately lifeguarded throughout

Section 6: Responsibilities

The typical responsibilities associated with the Canadian Pool Lifesaving Canadian Pool Lifesaving Time Trials are as follows:

Meeting room(s) for all events	Host
Pool	Host
Physical arrangements e.g., Chairs, tables, room setup, pool set up	Host
Event selection, rules, communiqué,	NSO approval
Promotion, registration	Host
Staff and volunteers	Host
Officials	Host
Meet Referee	NSO approval
Safety and Security	Host
Food and beverage	Host
Promotion	Host and NSO (website)

Note: The above areas of responsibility are a guideline. Discussions between the host and the NSO will occur and specific arrangements beneficial to both parties will be confirmed as required.

Lifesaving/Sauvetage Canada appreciates your consideration of hosting a Canadian Pool Lifesaving Canadian Pool Lifesaving Time Trials and taking the time to review this document.

If you have any questions, please contact us at your convenience.